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#### EL TINAJON

#### A GUATAMALAN RESTAURANT

Olga Pezzarossi, owner and hostess

Not a!! of the jewels in Chicago are on the Christmas trees. Chicago has its hidden jewe!s. They are its many litt!e ethnic restaurants, in storefront bui!dings throughout the city neighborhoods. Lucky the Chicago resident or visitor who has a Latino friend who can find these !itt!e jewe!s for him, before they become Americanized.

One such jewe! is E! Tinajon, a few mi!es north of

Chicago's loop. El Tinajon serves authentic Guatamalan as #well as Mexican cuisine 363 days of the year.

On the other two days - Christmas Eve and Christmas Day -Olga Pezzarossi, the owner and hostess, closes the doors so that she can recreate ##e Guatama!an Chr!stmas celebration for her family and friends.

"In Guatamala," Olga says, "the children use firecrackers ' ' ..#. ". to celebrate Christmas. Parents will buy new c!othes for their children and fami!ies will get dressed up by 6.00 pm. The whole family goes to church and comes home by midnight to ce!ebrate. We give and receive presents. We eat our big mea! about 1.00 am. Then the neighbors will visit back and forth. We may on!y sleep from 4.00 am to 7#00 am. Then it is up again for a fu!! day of visiting and exchanging presents with everyone we know.

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"We have Christmas trees which we usua!!y decorate with !itt!e hand.#ade Indian crafts. We decorate our homes with pine boughs and mansanil!a, a small red fruit similar to an appl# that adds co!or to our homes. We strip the pine need!es from additiona! #'boughs and scatter the need!es al! over our f!oors, to give the

scent of Christmas."

O!ga has adapted many of the fami!y recipes of her mother,

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Ave!ina Ve!asquez, who lives with her here in Chicago, for both her

home and restaurant. However, the turkey recipe

is her own variation.

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# CHRISTMAS DINNER MENU OF OLGA PEZZAROSSI,

Owner and Hostess of E! Tinajon, Chicago's Guatama!an Restaurant

# TURKEY IN BEER

SALTY TAMALES

Green Sa!ad

Potato sa!ad

Sweet tamales

Bread pudding

Assorted fresh fruits and nuts

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\_.TURKEY IN BEER - Treasured family recipe ## O!ga Pezzarossi, from

Guatama!a City, who is now owner of El Tinajon, Restaurant, Chicago.

Inqredients:

- 1 4-6 pound turkey
- 2 pounds of beef
- 2 pounds of pork
- 1 8 oz can of ? (alcaparrado?)
- 4 !arge tomatoes
- 2 !arge onions
- 3 cloves of garlic
- 2 12 pz. cans or bott!es of beer
- $2\ shoots\ of\ fresh\ thyme\ or\ \#\ teaspoon\ of\ ground\ thyme\ .\ 5\ bay\ !eaves$

salt to taste

oi! for frying

Procedure:

Bone turkey two days before serving. Soak it in beer with onion slices. Turn it every six hours. Keep refrigerated.

The day that you are going to serve it, put the beef,

pork, bay leaves, thyme, and salt in a pan with a little wanter and

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cook unti! tender. Then chop the meat into fine pieces.

In a frying pan, saute the tomatoes, onions and garlic which have b#en fine!y chopped. Then add the chopped meat and fry a!! together.

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Stuff the turkey with the fried meat mixture and close it so that no stuffing falls out.

Place the stuffed turkey in a roasting pan with # the marinade. Place in 350 degree oven. Turn the turkey when it is half baked. Cover until finished baking. Then uncover and let turkey brown.

When turkey is brown, remove from oven and serve with Red Tama!es.

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### TAMALES COLORADOS - Recipe of O!ga Pezzarossi.

Ingredients:

3 pounds of dough

12 large tomatoes

1 pound of ? (mi!tomate)

1 guaque red peper .#1 dried red pepper

1 can of peppers

1 pound olives

2 oz. capers

1 oz. sesame seed

1 oz. gib!ets

1 dash of black pepper

- 2 who!e c!oves (or cinnamon 3 pounds of lard
- 5 pounds of pork cut into sma!! pieces sa!t to taste

3 packets of banana pee!s

specia! paper for wrapping tama!es foil

1 !arge jar.

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Procedure:

Liquify dough with water to form a gruel and set aside. Put dough into jar with 4 pounds 12 oz of !ard. Add sa!t. Cook on a low flame stirring constantly unti! cooked. Do this a day ahead so that it can chi!!.

Brown the tomato, mi!tomate, guaque red pepper, gib!ets, sesame seed, and cloves. In a sma!l amount of water cook the dried red pepper, then add to browned ingredients. Add sa!t and peppers. When mixture is thinned, fry it in hot !ard. Then refrigerate.

Chop canned peppers into strips and mix with capers and olives.

Place foi! on a piece of specia! wrapping paper and place on a banana pee!. Measure # the dough onto a banana pee! leaving a sma!! ho!!ow in the center. Put fi!!ing into center with a piece of meat, a strip of canned pepper, 2 olives, and 3 teaspoons of caper mixture.

Ro!l up paper and banana pee! making sure it is c!osed secur#l'.

Those who want to do so may place the tamale in a jar

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with a !ittle water and sa!t and cook for four hours.

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#### PASTELES de NAVIDAD (Christmas Pastries)

Prepared for Christmas celebration each year for the extended

family of Dr. Jaime Estobar, honorary Bo!ivian consu! of Chicago by

his nieces, Gabriela and Sylvia Uga!de, from a recipe of

their mother. Their mother is Grace Uga!de, a sister of -#r. Estobar. Mrs. Uga!de !ives in Cochabamba, Bo!ivia.

PastrY dou#h:

1 cup of warm water, with salt to taste (approximate!y 1 tsp). 1#

teaspoons baking powder

1 egg

1 pound lard

3 cups sifted flour

1/8 cup of sugar

vegetable oil for frying

Mix dough. Knead unti! smooth. Let stand for 10 minutes. Ro!!

out dough very thin. Cut into 4" circles.

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#### FILLINGS FOR PASTELES de NAVIDAD

Cheese fil!in#:

2# pounds of Cuban or Mexican White Monterrey Cheese, grated 2-3 beaten eggs, enough to moisten cheese and ho!d it together.

Place filling on rounds as described. The cheese is salty and the powdered sugar is sweet - nice contrast.

.\_ Meat fi!!in#:

2 pounds bone!ss round steak, or any bone!ess beef without fat 2# cups

of white onions, fine!y chopped

1 cup of sugar, more or less, to taste

1 dash of cumin powder

1 teaspoon curry powder

1 cup raisens

2 hard-boi!ed eggs, chopped fine.

Boi! meat in water until soft, then drain. In separate pan s!ight!y cook diced onion in water, stop before onion gets mushy. Drain onions. Trind meat in a meat grinder. Mix onions and meat in deep pan over low flame. Add sugar, spices, and raisens. Bring to boi! and stir a few minutes over !ow heat. Drain. Coo! before using to fi!!

dough. May refrigerate meat filling before using.

The.#pstires can be served warm or co!d. The Escobars prefer them

served warm immediate!y after making them.